

AECA Children's Programs Fall 2018/Winter 2019

Fit & Fun Families (open to all ages, families)

Mondays & Wednesdays 6:00-7:00pm

St. Gabriel/Jack Mackenzie Gym

Sept 24-Nov 28 (occasional cancellations)

Jan 21-Mar 27 (occasional cancellations)

One session: \$10 per family

Two sessions: \$20 per family

PRESCHOOL

Dance/Acro/Baton Pre-school Combo (4-6 yrs)

Mondays 6:00-6:45pm, AECC Multipurpose Room

Sept 24-Dec10 (10 classes) (no classes Oct 8, Nov 12)

Jan 21-April 1 (10 classes) (no class Feb 18)

One session: \$65

Two sessions: \$125

CHILDREN

Dance/Acro/Baton Combo (7-12yrs)

Mondays 6:45-7:30 pm, AECC Multipurpose Room

Sept 24-Dec 10 (10 classes) (no classes Oct 8, Nov 12)

Jan 21-April 1 (10 classes) (no class Feb 18)

One session: \$65

Two sessions: \$125

Parent/ Child Zumba (3-9 yrs)

Tuesdays 6:00-6:45pm, Jack Mackenzie

Sept 25-Nov 27 (10 classes)

Jan 22-April 2 (10 classes) (no class Feb 19)

One session: \$65 parent & 1 child, \$20/additional child

Two sessions: \$125 parent & 1 child, \$20/additional child

Thursdays 6:00-6:45pm, St Gabriel School Gym

Sept 27-Nov 29 (10 classes)

Jan 24-Apr 4 (10 classes) (no class Feb 21)

One session: \$65 parent & 1 child, \$20/additional child

Two sessions: \$125 parent & 1 child, \$35/additional child

Yoga for Kids (5-9 yrs)

Tuesdays 6:00-6:45pm, AECC Multipurpose room

Sept 25-Nov 27 (10 classes)

Jan 22-April 2 (10 classes) (no class Feb 19)

One session: \$65

Two sessions: \$125

Teen Yoga (12+ years)

Mondays 6:00-7:00pm, Jack Mac Dance Room

Sept 24-Dec 10 (10 classes)(no classes Oct 8, Nov 12)

Jan 21-April 1 (10 classes) (no class Feb 18)

One session: \$80

Two sessions: \$155

Babysitting Basics (St. John Ambulance) (11-14 yrs)

Friday October 5, 9:00-3:30pm (bring own lunch-no nuts!)

AECC Multipurpose Room

Cost \$50

Friday January 25, 9:00-3:30pm (bring own lunch-no nuts!)

AECC Multipurpose Room

Cost \$50

Home Alone Course (St. John Ambulance) (10-14yrs)

Saturday October 13, 9:00-11:30am

AECC Multipurpose Room

Cost \$35

Saturday February 9, 9:00-11:30am

AECC Multipurpose Room

Cost \$35