

aeca

ARCOLA EAST COMMUNITY ASSOCIATION

Issue 2

Regina, Saskatchewan

October, 2018

NEW PRESIDENT FOR AECA

Corinne Seiferling was chosen as the new community Association President at the annual meeting on September 20th.

She has spent the last few years as the Communications director. Corinne is energetic, outgoing and friendly and will do an excellent job. All board members look forward to working with her.

Corinne replaces Terry Ginter, who has been President for eight years. Terry volunteers for a number of different organizations and felt that it was time to step back from the presidency.

He will stay on the Board as the Past President. The AECA board and the community thank Terry for his leadership and a job well done.



(See Page 2 for the AECA Executive list)



The \$1000 AECA Scholarship was awarded to Aniket Bither (presented to his father Yashu) at the Annual General Meeting on September 20, 2018. This scholarship highlights the valuable contribution young people provide through their volunteer community involvement. It is intended to assist the recipient financially to achieve their post-secondary educational goals.

Payment for classes - Cash or cheque only

A \$5:00 Community membership (one per household) is required to participate in programs.

Program Refund Policy

Pro-rated Program refunds are permitted up to and including the second class for Fitness, Adult and Children's programs.

To request a refund, call 306 -525-3401 - Box 2. All refunds are subject to a \$10.00 administration fee. After the second class a participant withdrawal refund will be considered on an individual basis.

Skating and Skills Refund Policy

Administration fee of \$50 will be charged after a cancellation if the spot cannot be filled. For more information, please email aecaskating@gmail.com

Arcola East Community Centre (AECC), 3860 Buckingham Drive East, Regina, Sk, S4V 3A1 - Phone 525-3401

For information on AECA programs, preschool, recreation and contacts, visit the AECA website at:

<http://www.aecaregina.com>

AECA EXECUTIVE – 2018

President – Corinne Seiferling

306-537-9226

Vice-President - Yashu Bither

306-584-9352

Past President - Terry Ginter

306-737-0330

Treasurer - Tina Allen

Secretary - Crystal Wishlow

Volunteer Coordinator - Rachelle Van De Camp

306-550-2618

Rec. Programmers

306-525-3401 - Box 2

Adult - Gwen Garner

Children Programs-Tania Cave

Fitness Co-ordinators

Traci and Wendy - 306-525-3401

Preschool Director - Lynne Bayne

306-789-6556

Newsletter - Guy Chartier

306-332-5273

Newsletter Advertising - Gerald Bayne 306-789-6556

Communications Director –
Tonaya McGregor
communications@aecaregina.com

AECC Representative - Chuck Sylvestre

306-761-5471

Membership - Crystal Mitchell

306-525-3401 - Box 3

Member at Large - Patti Kuffner

306-789-6770

Member at Large - Cheryl Lloyd

306-789-5304

Special Projects - Vacant

50 + /Bridge - Joe

306-586-3985

Coordinators:

Soccer - Hot-Line

306-525-6407 or visit:
www.rezysa.com

Outdoor Rinks - Jason Rapchalk

306-565-6155

Track - Lynne Bayne

306-525-3401 Box 1

AECA Future Newsletters (2018/19)

Please note that future AECA printed copies of the newsletter will only be produced in September and January.

Online versions for other newsletters will be available at the AECA website at www.aecaregina.com

Future Issues *Deadlines*

Nov. *Oct.28*

Newsletter Advertising costs:

(Note: slight increase to Colour rates)

	B/W	Colour
Bus. Card	\$60	\$80
Quarter Page	\$120	\$160
Half Page	\$240	\$320
Full Page	\$480	\$640

For more information on advertising, please contact Gerald Bayne at gbayne@accesscomm.ca, or call 306-789-6556.

AECA Community Signs

“The Arcola East Community Association has two signs throughout East Regina. Our community signs are located on the corner of University Park Drive and Arcola Avenue and on the corner of Arens Road and University Park Drive.

Due to our vacant Community Sign Coordinator position, the AECA will not be updating out community signs on a regular basis.

For electronic advertising of a community related event please send all inquiries to contact@aecaregina.com.

Please refer to the AECA website (www.aecaregina.com) for additional information regarding community signs.”



AECC TRACK PASS REGISTRATION

You are required to choose at least 4 consecutive months throughout the year – specify start and stop dates. Please be aware you cannot cancel, change or modify your dates once your form has been submitted (NO REFUNDS WILL BE ISSUED) so please plan accordingly! You may extend your membership prior to your expiry date for \$15 a month.

The Track Pass form will be accepted for new and renewal Track Pass registration. Mail forms to the address below or visit the AECC office Monday - Thursday between 6:00 & 8:30 PM beginning Sept. 17th. Please call the Track voice mail at 525-3401 extension 1 for access times.

NOTE: A refundable \$10 deposit per access card (TrackPass) is required for new Track Passes. This is a one-time fee that will be refunded upon return of the access card. Access cards may be kept from year to year. Replacement access cards require a \$10 deposit. Please report lost or stolen access cards to the Track voice mail at 525-3401 extension 1.

An AECA membership (one per household) will be required to purchase/renew a Track Pass membership. AECA memberships can be purchased with this form. AECA memberships expire August 31, 2019.

Please issue cheques payable to the Arcola East Community Association (AECA). Post dated cheques will be accepted for start date of TrackPass. AECA memberships and TrackPass confirmation notices will be mailed.

Note: One Track Pass Required Per Person

☐ New Track Pass (\$10 deposit required) ☐ Renewal Track Pass
 Full Name: _____
 Address: _____ Postal Code: _____
 Phone Number _____ Track Pass Card# _____

Track Pass Membership: (Please check one)

☐ Option 1: Yearly Walking Pass \$90 \$ _____

☐ Option 2: (\$15/month min. 4 consecutive months)

Start date _____ Stop date _____

of months _____ X \$15 \$ _____

2018-2019 AECA Membership (add \$5) \$ _____

Access Card Refundable Deposit (add \$10) \$ _____

Total \$ _____

Receipt # _____ AECA Membership # _____

Mail Track Passes to:

Arcola East Community Centre (AECC)
 3860 Buckingham Drive East, REGINA, SK. S4V 3A1
 Please allow 10 working days for pass activation

Adult Programs**Evening Fitness Walk**

An opportunity to use the Arcola Community Centre Track without purchasing a Track Pass is available.

Walk Monday to Thursday, September 17 – November 29, 2018 from 6:00 pm-8:30 pm.

Cost - \$ 30.00

Basketball

Fun play with no instruction. No team registrations permitted. Register for the fall, winter and spring play in the office, Mon. through Thurs.

6:00 - 9:00 pm.

Monday - 8:00 - 10:00 pm @

WF Ready Gym

Tuesday - 8:00-10:00 pm @

Wascana Plains Gym

Wednesday - 7:00 - 10:00 pm @

St. Gabriel Gym

Thursday - 8:00 - 10:00 pm @

St. Gabriel Gym

Cost- \$ 40.00

Volleyball - Competitive co-ed fun play with no instruction, non-competitive/recreational volleyball for 18 years and over. Must be able to pass, set and hit (3 hits concept).

Register for the fall, winter and spring play in the office, Mon. through Thurs. 6:00 - 9:00 pm..
 Monday 7:00 – 10:00 pm and/or
 Wednesday - 7:00 - 10:00 pm @
 Jack MacKenzie Gym

Cost- \$35.00



Arcola East Community Association
Youth Ice Programs

Please Note: Classes are close to being full please contact:
aecaskating@gmail.com
October 2018 – December 2018

Category: Children
Name: Skating and Skills Program
Ages: 5-6
Day: Mondays 9 sessions from October 22 – December 17 2018
Time: 5:45-6:25
Location: Mahon Rink
Cost: \$180
Other: Max 22 spots. Taught by certified power skating instructor. Basic skating skills and full hockey equipment required

Category: Children
Name: Power Skating and Skills
Ages: 7-9
Day: Mondays 9 sessions from October 22 – December 17 2018
Time: 6:25-7:15
Location: Mahon Rink
Cost: \$225
Other: Max 22 spots. Taught by certified power skating Instructor. Basic skating skills and full hockey equipment required

Category: Children
Name: Power Skating and Skills
Ages: 10-12
Day: Monday 9 Sessions from October 22 – December 17 2018
Time: 7:20 – 8:15
Location: Mahon Rink
Cost: \$225
Other: Max 22 spots. Taught by certified power skating instructor. Basic skating skills and full hockey equipment required

For more information email:
aecaskating@gmail.com

NOT ABLE TO REGISTER FOR A CLASS???

No worries because drop-ins are accepted for most adult fitness/ yoga classes. It is up to the discretion of the instructor and based on the size of the class.

There is room for drop-ins for Fitness Yoga (Monday evenings), Core/Cardio (Monday evenings), Adult Zumba (Tuesday/Thursday evenings), 20/20/20 (Wednesday evenings), PiYo (Wednesday evenings), Core/Stretch (Saturday mornings), Power Walk/Run (Saturday mornings) and Body Sculpt (Sunday mornings). The drop-in fee is only \$7.00 per person.

There are a number of scheduled Yoga classes (with the exception of Wednesday's Power Vinyasa/Flow class @ 7:30 pm) to try and the drop-in fee is \$10.00 per person. Please review the brochure for day and times.

Please feel free to give us a call or send us an email if you have further questions.

Wendy Ripplinger

Sunrise Library

Fall Fair

For families, seniors and newcomers. Join us for an old-fashioned country fair with music, dancing and a harvest display. Enjoy fun activities and refreshments.
Sat, Oct. 13 from 2:00-4:00PM

Starlight at Sunrise

Explore the universe with the Royal Astronomical Society and learn about telescopes, planets, stars, galaxies, and more. Weather permitting, participants will be able to use telescopes outside. Registration is open until Wed, Oct. 17 from 7:00-8:30PM.

Drop-in for Scrabble

Play a game of Scrabble and enjoy a cup of tea and some friendly competition. Beginners welcome. Games provided.
Tuesdays at 1:30pm at the Sunrise Branch

AECA COMMUNITY MEMBERSHIP?

Need a membership? Please fill in this form and **mail with a self-addressed stamped envelope** along with the \$5.00 fee to the **A.E.C.A. MEMBERSHIP** Arcola East Community Centre, 3860 Buckingham Dr., Regina, SK, S4V 3A1

Name _____

Address _____

Postal Code _____ Tel# _____

E-mail Address _____

Make cheques payable to A.E.C.A.

(Alternatively, visit the Arcola East Community Centre during office hours)